

OSHA 10 Hour Outreach Training

Presented by:

The Massachusetts Division of Occupational Safety
On-Site Consultation Program

Two-Day 10-hour Training Course in Construction Safety and Health
Complete Attendance Mandatory for OSHA Card

Monday November 13, 2006 9:30 a.m. – 3:00 p.m.

Monday November 20, 2006 9:30 a.m. – 3:00 p.m.

(no refreshments served - feel free to bring your own; cafeteria available)

Middlesex Community College

591 Springs Rd, Cafeteria, (Campus Center -Building#8)

Bedford, MA 01730

From Route 128 South: Take Route 3 North to Exit 27 (Bedford/Concord Road, Billerica). Turn left towards Bedford. Follow to first flashing light and take a left into Nortel Networks Technology Park. Follow to end and turn right (Orchard St.). MCC Bedford Campus entrance will be immediately to your left. Follow signs to student and visitors parking.

From Route 128 North: Take Exit 31B (Routes 4/225) into Bedford. Follow Great Road until you pass Bedford Shopping Center on your right (Marshalls, Whole Foods...). Take first right immediately past shopping center onto Hillside Ave. towards VA Medical Center (becomes Springs Road). Pass through VA Hospital grounds continuing on Springs Road for just under a mile. MCC entrance will be on the right. Follow to student and visitor parking.

From Route 3 South: Take Exit 27 (Bedford/Concord Road/Billerica) and follow instructions as per Route 128 South (above).

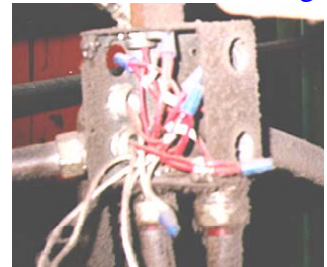


The Massachusetts Division of Occupational Safety – Consultation Program is offering a **free** training seminar for those wishing to acquire the OSHA 10 Hour Card. The Outreach Training Program is intended as an orientation to Occupational Safety and Health. Workers must receive additional training on specific hazards of their job.

Registration: Please complete a **legible** registration form below for each registrant and *email to Jean Manoli at jean.manoli@state.ma.us or fax form to (617) 727-4581*

Lastly, if no other alternative, via phone at 617-969-7177 x336

Please leave name, address and phone number.



Space is limited to 50. Unless informed otherwise your registration will be honored. You cannot register at the training site. First come first served. Registration ends Nov 9, 2006.

Topics will include:

Introduction to OSHA
Electrical Safety
Hand and Power Tools
Fall Protection
Scaffolds

Trench and Excavation Safety
Personnel Protective Equipment (PPE)
Health Hazards in Construction
Fire Safety
Ladders and Stairways

Questions?

Call Jean Manoli or Kathy Flannery at 617-969-7177

November Bedford OSHA 10-Hour Training Course

Name _____ Street Address _____
Company Name _____ City _____ State, _____ Zip Code _____
Phone _____ Fax _____

Return this registration form to: **Attention: Jean Manoli, MA DOS**
jean.manoli@state.ma.us **1001 Watertown Street, West Newton, MA 02465**
or fax your registration form to (617)727-4581